



Katherine E. Bartosik, MEd, ATC NovaCare Rehabilitation
Upper Dublin HS 721 Dresher Rd; Suite 2100
800 Loch Alsh Ave Horsham, PA
Fort Washington, PA 19034 O: 215-659-2955
O: 215-643-8900 ext 2275 Fax: 215-659-0123
Fax: 215-643-8851 Email: kbartosi@udsd.org

Dear Parent/Guardian,

For those of you who don't know me, I'm Katie Bartosik, Upper Dublin's Certified Athletic Trainer. I graduated from Cabrini College in May 2002 with a BS in Sports Science and became certified as an athletic trainer by the National Athletic Trainer's Association (NATABOC) in February 2003. In 2004, I earned a M.Ed. in Athletic Training from Temple University and began working with NovaCare Rehabilitation as the Certified Athletic Trainer for Bishop Shanahan High School in 2004. I will be entering my third year at UDHS this August and am looking forward to another exciting year of Upper Dublin Athletics!

I will be present at practices and home games for all sports as well as both home and away varsity football games. Please remind your son/daughter to notify me when he/she has sustained an athletic injury. This will insure that your son/daughter can return to play as safely and quickly as possible. Should your child need an Orthopedic evaluation I would be more than willing to assist you in this process. Within my first two years here at UDHS I have established relationships with some of the Orthopedic Doctors in the area as well as MRI offices, most of which have been able to see the athletes I refer within 24-48 hours post-injury. Please note that **ALL** athletes referred to **ANY** physician **MUST HAVE WRITTEN CLEARNCE** from the physician before he/she will be able to return to play. Please remember, it is not only my job to get injured athletes back on the field quickly, but to get them back quickly and **SAFELY**. With this in mind I'd like to add that I may continue to hold an athlete out of competition who may have been cleared by a Doctor, when such action will result in a faster/safer return to **FULL** competition. I certainly will be in communication with you regarding your child's injury, rehab progress, and playing status.

I would like to make you aware of the "Athletic Trainer" page on the Upper Dublin High School website. I've included some information which might be of importance such as my Athletic Training Room rules, the NovaCare website, and information on our Summer Speed and Agility Camp.

I thank you for your cooperation regarding these matters. If you have any questions feel free to contact me at 215-643-8900 ext 2275 or via email at kbartosi@udsd.org. Enjoy your summer and I look forward to working with you and your child as we prepare for another Fall Season here at Upper Dublin High School – GO CARDINALS!!!

Katie Bartosik, MEd, ATC
NovaCare Rehabilitation
Certified Athletic Trainer – Upper Dublin High School